

Are you or someone you know struggling with substance use?

You don't have to go through it alone.

County Peer and Family Support

Services and meetings for those struggling with substance use and their friends and family

Al-Anon

Support group for families and friends of those with an alcohol use disorder. Find a chapter near you.

al-anon.org or area61afg.org

Ph: 715-833-1878

At the Roots

Peer run mental health and substance use recovery organization for individuals and families. Services include 1:1 meetings, group options, classes, and fun events to foster overall wellness, recovery and community.

AtTheRootsllc.com

Ph: 715-598-7020

C.C. We Adapt

Peer support/mentorship for a variety of reasons. Mentors who have lived experience want to help lead participants to the healthy, happy, life that they deserve.

www.ccweadapt.com

Ph: 715-456-0252

Community Comprehensive Services

CCS is a voluntary program designed for Eau Claire County residents of all ages coping with a mental health and/or substance use condition.

<https://bit.ly/3DSqI82>

Ph: 715-839-7118

Family Resource Center

Parenting resources and seminars, as well as events, group learning and sharing opportunities.

www.frcec.org

Ph: 715-833-1735

L.E. Phillips Libertas Center

Free family and friends' educational group on substance use disorders.

www.libertascenter.org

Ph: 715-723-5585

Nar-Anon

Support group for family and friends of those with a substance use disorder.

naranonmidwest.org

Free Online Resources

Find local resources, treatment options, and online support.

211 Wisconsin

- Statewide resource for finding substance use treatment and recovery services. The helpline is free, confidential, and available 24/7.

addictionhelpwi.org Ph: 211

Alateen Online Meetings

- *Al-Anon Family Groups* app

AlcoholicsAnonymous.com

Nar-Anon

<https://www.naranonchat.com/>

SAMHSA's Helpline

- Referral for treatment or support

Call 1-800-662-HELP

Text your zip code to 435748

SMART Recovery Family & Friends

- Resources to help support someone struggling with addiction

www.SmartRecovery.org/family/

988 Suicide and Crisis Line

Ph: 988

County Mental Health and Support Services

There are many places to turn when you need support. Below is information for local mental health and support services. Cost of service may depend on your insurance.

Caillier Clinic

www.CaillierClinic.com

Ph: 715-836-0064

Children's WI - Community Services

www.childrenswi.org

Ph: 715-835-5915

Chippewa Valley Free Clinic

www.cvfreeclinic.org

Ph: 715-839-8477

Clearwater Counseling & Personal Growth Center

www.clearwatercounseling.com

Ph: 715-832-4060

Collaborative Counseling - Eau Claire & Telehealth

www.collaborativemn.com

763-210-9966

Community Counseling Services - Chippewa Valley

www.community-counseling-services.com

Ph: 715-723-1221

EC Area Hmong Mutual Assistance Association

www.ecahmaa.org

Ph: 715-832-8420

EC Co. DHS Behavioral Health Clinic

Ph: 715-839-2300

EC Co. DHS Community Support Program

Ph: 715-839-2300

Family Therapy Associates

www.ftacounseling.com

Ph: 715-246-4840

The Healing Place

<http://bit.ly/3h06kZv>

Ph: 715-717-6028

L.E. Phillips Libertas Center

www.libertascenter.org

Ph: 715-723-5585

Lutheran Social Services - Eau Claire

www.lsswis.org

Ph: 877-967-5577

Marriage and Family Health Services

www.marriageandfamilyhealthservices.com

715-832-0238

National Alliance on Mental Illness - Chippewa Valley

www.namicv.org

Ph: 715-450-6484

Northwest Connections

Crisis Line: 888-552-6642

River City Counseling

Ph: 714-514-0455

Vantage Point Clinic & Assessment Center

www.vantagepointclinic.com

Ph: 715-832-5454

Wellness Shack

www.wellnessshack.org

Ph: 715-836-7710

Western Region Recovery and Wellness Consortium

<http://bit.ly/3zEks1f>

Ph: 715-726-7788

988 Suicide and Crisis Line

Ph: 988

Tobacco resources

Wisconsin Tobacco Quitline

quitline.wisc.edu Ph: 800-QUIT-NOW

Text "READY" to 200-400

Smokefree Teen

teen.smokefree.gov

*If you don't know where to seek support,
talk to a trusted adult or call 211.*

For a full list of services, please visit the Eau Claire County Fact Sheets and Resources tab at

GetInvolvedASAP.org

or scan the QR code below



SCAN ME!

